

amare[®] FUNDAMENTALS PACK[®] +

Comprehensive Nutrition for All Three Brains — Gut, Brain and Heart*

SUPPORTS
STRESS
RESILIENCE*

SUPPORTS
PSYCHOLOGICAL
VIGOR*

INCREASES
A SENSE OF
MENTAL
FOCUS*

Your gut. Your brain. Your heart. Did you know that all three are interconnected and vital to your mental wellness?

We know that an optimized gut-brain axis helps improve mood, supports mental sharpness and enhances stress resilience. We've now discovered that our third brain, the heart, also has an important role in our mental wellness. We know that the heart-brain axis, as it's referred to, helps improve the efficiency of our heart, and as a result, can improve our mental health. With the heart-brain axis working together, our mental wellness is optimized, and our overall emotional well-being is enhanced.*

Our three brains: gut (sensing brain), mind/brain (thinking brain) and heart (feeling brain) determine our emotions and are the most powerful tools in optimizing our overall mental wellness. Think of your gut as the intuition and instinct resource. The head is the logical and analytical source. And finally, the heart as the emotional, passionate and artistic approach to your well-being. When in sync, these three brains balance your mental wellness.*

That's why we created the **Amare FundaMentals Pack[®] PLUS**. Designed to support all three brains, this special Pack is designed to support the primary physiological drivers of mental wellness. This exclusive Amare Pack includes **MentaBiotics[®]**, **MentaFocus[®]**, **MentaSync[®]** and **MentaHeart[™]**. MentaBiotics includes the most comprehensive combination of unique strains of probiotics, prebiotics and phytobiotics that have been scientifically shown to improve mental wellness. MentaFocus supercharges your brain with key phytonutrients clinically shown to support focus, mental sharpness, clarity, creativity and cognitive functioning. MentaSync's clinically studied key ingredients optimize the synchronization of chemical messengers between your brain and your gut. And MentaHeart features key ingredients backed by multiple clinical studies shown to help optimize the heart, the body's third brain. The products included in this Pack provide comprehensive nutrition for all three brains — helping you achieve greater mental wellness.



Comprehensive nutrition for all three brains — the gut, brain and heart — the Amare FundaMentals Pack[®] PLUS is designed to target and support the primary physiological drivers of mental wellness.*

- 1 Increases a sense of mental focus*
- 2 Promotes a positive mood*
- 3 Improves emotional well-being*
- 4 Supports cognitive functioning*
- 5 Optimizes heart-brain-gut axis communication*
- 6 Supports psychological vigor and stress resilience*

Item Code(s):

with MentaBiotics:

P020



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

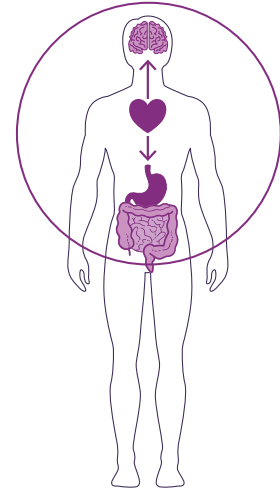
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DID YOU KNOW WE HAVE THREE BRAINS?

**YOUR GUT.
YOUR BRAIN.
YOUR HEART.**

Did you know that all three are interconnected and vital to your mental wellness?

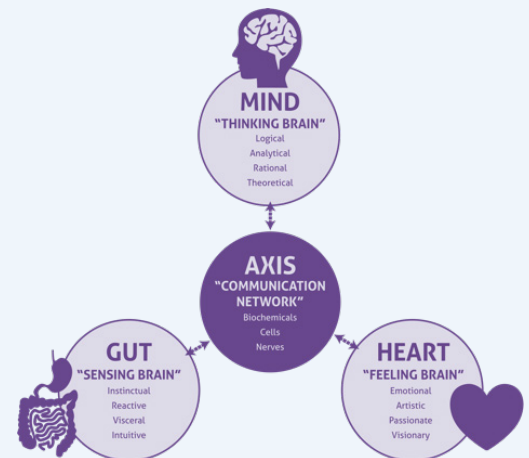
We know that an optimized gut-brain axis helps improve mood, supports mental sharpness and enhances stress resilience. We've now discovered that our third brain, the heart, also has an important role in our mental wellness.*



Targeting Mental Wellness Through the Body's Three Brains

Our three brains: gut (sensing brain), mind/brain (thinking brain) and heart (feeling brain) determine our emotions and are the most powerful tools in optimizing our overall mental wellness.

Think of your gut as the intuition and instinct resource. The head is the logical and analytical source. And finally, the heart as the emotional, passionate and artistic approach to your well-being. When in sync, these three brains balance your mental wellness.*



Synergistic 4-Part System for the Entire Gut-Brain-Heart Axis!



**MentaBiotics for
the gut**



**MentaFocus for
the brain**



**MentaHeart for
the heart**



**MentaSync for
the axis**

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menta BIOTICS[®]

advanced gut-brain
nutrition*

- 1 Improves aspects of mental wellness by populating the microbiome with specific strains of probiotics and prebiotics*
- 2 Supports the growth and vitality of a range of beneficial gut bacteria*
- 3 Reduces stress and promotes a positive mood*
- 4 Helps normalize gut, immune, and brain function*
- 5 Ingredients shown to improve mood and reduce tension in human clinical trials*

Directions: Mix one scoop in the morning with 2-8 ounces of water, milk, fruit juice, smoothie, yogurt, or other foods or liquids. Do not expose to boiling or scalding temperatures.

SUPPLEMENT FACTS			
Serving Size: 1 Scoop (7g)		Servings Per Container: 30	
Amount Per Serving	%DV*	Amount Per Serving	%DV*
Calories	15	Phytobiotic Proprietary Blend	75mg †
Total Carbohydrate	5g 2%	Suntheanine® L-Theanine, Amare GBX+	
Total Sugars	0g	Proprietary Blend: Applephenon® Asian Apple	
Total Fiber	5g	(<i>Malus domestica</i>) fruit extract, Enovita® French Grape (<i>Vitis vinifera</i>) seed extract, Enzogenol® New Zealand Pine (<i>Pinus radiata</i>) bark extract	
MW3™ Prebiotic Proprietary Blend 5380mg	†	Digestive Performance Proprietary Blend	160mg †
IsoFiber™ Iso-Malto-Oligosaccharides, BioMuno® GOS Galacto-Oligo-Saccharides, Sunfiber® Galactomannan Fiber		L-Glutamine, ProDigest® [Artichoke (<i>Cynara scolymus</i>) leaf extract and Ginger (<i>Zingiber officinale</i>) root extract]	
MW3™ Probiotic Proprietary Blend 3B CFU	†		
<i>Lactobacillus helveticus</i> R0052, <i>Bifidobacterium longum</i> R0175, <i>Lactobacillus rhamnosus</i> R0011			

Other ingredients: natural flavors, citric acid, stevia leaf extract.

CONTAINS Milk and Soy*

*Milk and Soy ingredients are used in the growth/culture media to nourish our probiotic bacteria during the production process, but the finished probiotics do not contain appreciable levels of milk or soy.

menta SYNC[™]

optimized gut-brain
axis communication*

- 1 Optimizes the communication of the gut-brain axis*
- 2 Balances normal signaling between cells of the gut, brain, and immune system*
- 3 Improves psychological vigor (physical energy, mental acuity, and emotional well-being)*
- 4 Supports healthy aging*
- 5 Optimizes nervous system functioning*
- 6 Enhances immune activity*

Directions: Take 2 capsules in the morning with 8-oz of water. For enhanced immune system priming & axis communication, take 2 additional capsules in the evening.

SUPPLEMENT FACTS		
Serving Size: 2 Capsules		
Servings Per Container: 30		
Amount Per Serving		%DV
Vitamin C (as ascorbic acid)	200mg	333%
Alpha-Beta Glucan Proprietary Blend	215mg	†
Wellmune® Yeast 1,3/1,6 Beta-Glucan (<i>Saccharomyces cerevisiae</i>), MycoFusions® high-polyphenol purple mushrooms [Maitake (<i>Grifola frondosa</i>); Shiitake (<i>Lentinula edodes</i>); Agaricus (<i>Agaricus blazei</i>); Chaga (<i>Inonotus obliquus</i>)], FucoMax™ Fucoidan (<i>Laminaria japonica</i>) seaweed		
Intestinal Integrity Proprietary Blend	125mg	†
Calcium Butyrate, Magnesium Butyrate, Zinc/Carnosine Complex		
† Daily Value not established		

Other ingredients: Rice flour, Plant-based capsule, Rice fiber, Rice Extract Blend, Natural Peppermint Flavor
MycoFusions® is protected under US Patent 7,178,285 and is a trademark of NutraGenesis, LLC

menta FOCUS[™]

supercharged mental
focus & cognition*

- 1 Enhances clarity, cognition, and creativity*
- 2 Increases short-term and long-term memory*
- 3 Empowers and sustains a sense of mental focus*
- 4 Improves concentration, attention, and alertness*
- 5 All-natural & stimulant-free*
- 6 Promotes stress reduction*

Directions: Take 2 capsules in the morning with 8-oz of water

SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving	%DV
Focus Empowering Proprietary Blend	50mg †
Pomegranate extract (Wonderful Variety, punica granatum) whole fruit, Amare GBX + Proprietary Blend (Applephenon® Asian Apple (<i>Malus domestica</i>) fruit extract, Enovita® French Grape (<i>Vitis vinifera</i>) seed extract, and Enzogenol® New Zealand Pine (<i>Pinus radiata</i>) bark extract), Rosemary (<i>Rosmarinus officinalis</i>) leaf extract, Oregano (<i>Origanum vulgare</i>) leaves, Clove (<i>Eugenia caryophyllata</i> Thunb.) flower buds, Sage (<i>Salvia officinalis</i>) leaf extract, Tulsi (<i>Ocimum sanctum</i>) leaf extract.	
† Daily Value not established	

Other ingredients: Plant-based capsule, Rice flour, Rice Extract Blend, Rice fiber

menta HEART[®]

advanced heart-brain
axis nutrition*

- 1 Optimizes heart-brain axis functions*
- 2 Supports the heart, the body's third brain*
- 3 Enhances cardiovascular efficiency*
- 4 Improves vigor and reduces fatigue*
- 5 Supports positivity and stress resilience*
- 6 Empowers optimal emotional processing*
- 7 Increases neurotrophic factor*

SUPPLEMENT FACTS

Serving Size: 2 Softgels

Servings Per Container: 30

Amount Per Serving	%DV*
Calories	8
Total Fat	0.7 g <1%*
HBX Proprietary Blend	320 mg †
PFBc™ Palm Fruit Bioactives Complex (<i>Elaeis guineensis</i>), Bergavit® 40 Bergamot (<i>Citrus bergamia</i>) Fruit Extract, Thymoquin™ Black Cumin Seed Oil (<i>Nigella sativa</i>), AquaCelle® CoEnzyme-Q10, AstaZine® Astaxanthin Oil (<i>Haematococcus pluvialis</i>)	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	
† Daily Value not established	

Other Ingredients: Extra Virgin Olive Oil, Gelatin, Glycerin, Beeswax, Purified Water, Sunflower Lecithin, Castor Oil, Coconut Oil Fractionated, Citrus Oil, Oat Oil, Vitamin E Acetate, D-Alpha Tocopherol

Directions: Take 2 softgels with 8 oz. of water. Do not exceed 8 softgels per day.

AquaCelle-CoQ10® is a registered trademark of Pharmako Pty Ltd. Bergavit® 40 is a registered trademark of Bionap S.r.l.



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