



MentaBiotics®



Optimize your gut-brain axis (GBX) with this synergistic combination of clinically and scientifically studied probiotics, prebiotics, and phytobiotics—formulated to support mind and body resilience through advanced gut-brain nutrition.*

Why you'll love it

- Promotes a happy gut.*
- Optimizes natural serotonin, dopamine, and GABA production.*
- Supports emotional regulation and feelings of well-being.*

How to use it

Mix one stick pack with 2–8 oz of water, milk, fruit juice, smoothie, yogurt, or other foods or liquids. Do not expose to boiling or scalding temperatures.

What it is

- **Probiotics:** targeted for emotional wellness.*
- **Prebiotics:** fibers targeted for gut nourishment.*
- **Phytobiotics:** polyphenols targeted for optimized gut-brain axis (GBX) signaling.*



Sugar Free/
Caffeine Free



Non-GMO/
Gluten Free



No Artificial
Preservatives, Colors,
Flavors, or Sweeteners.





The SCIENCE of MentaBiotics®

MentaBiotics provides targeted gut nourishment through our MW3® Prebiotic Proprietary Blend, which is specifically formulated to feed the beneficial bacteria in our MW3® Probiotic Proprietary Blend, optimizing the production of “feel good” neurotransmitters.*

MW3 Probiotic Proprietary Blend

- *Lactobacillus R0052* for positive mood.*
- *Bifidobacterium R0175* for stress resilience.*
- *Lactobacillus R0011* for gut health.*

MW3 Prebiotic Proprietary Blend

- IsoFiber® promotes a diverse, thriving microbiome.*
- Bimuno® supports microbiome balance.*
- Sunfiber® encourages the growth and vitality of good bacteria.*

What is the gut-brain axis?

Our gut is a super important component of the multidirectional communication network known as the gut-brain axis (GBX). The GBX connects our gastrointestinal system (gut), nervous system (brain), and immune system (axis) with a vast array of cellular and biochemical messengers throughout the entire body, including the microbiome, hormones, cytokines, and neurotransmitters.

BiMuno® is a registered trademark of Clasado Limited

Sunfiber® is a registered trademark of Taiyo International, Inc.



mentaBIOTICS®

Supplement Facts

Serving Size: 1 Stick Pack (7 g)
Servings Per Container: 30

Amount Per Serving		%DV
Calories	15	
Total Carbohydrate	5 g	2%*
Dietary Fiber	5 g	17%*
MW3® Prebiotic Proprietary Blend	5405 mg	†
IsoFiber® Iso-Malto-Oligosaccharides, BiMuno® GOS Galacto-Oligo-Saccharides, Sunfiber® Galactomannan Fiber, Suntheanine® L-Theanine		
MW3® Probiotic Proprietary Blend 3B CFU	65 mg	†
<i>Lactobacillus helveticus</i> R0052, <i>Bifidobacterium longum</i> R0175, <i>Lactobacillus rhamnosus</i> R0011		
Amare GBX+ Proprietary Blend	50 mg	†
Applephenon® Asian Apple (<i>Malus domestica</i>) fruit extract, Enovita® French Grape (<i>Vitis vinifera</i>) seed extract, Engizenol® New Zealand Pine (<i>Pinus radiata</i>) bark extract		
Digestive Performance Proprietary Blend	160 mg	†
L-Glutamine, ProDigest® [Artichoke (<i>Cynara scolymus</i>) leaf extract and Ginger (<i>Zingiber officinale</i>) root extract]		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other ingredients: natural flavors, citric acid, stevia leaf extract. CONTAINS Milk and Soy.*

*Milk and Soy ingredients are used in the growth/culture media to nourish our probiotic bacteria during the production process, but the finished probiotics do not contain appreciable levels of Milk or Soy. BiMuno is a registered trademark of Clasado Limited, Sunfiber and Suntheanine are registered trademarks of Taiyo International, Inc., ProDigest and Enovita are registered trademarks of Indena S.p.A., Applephenon is a registered trademark of BGG Japan CO., LTD., Engizenol is a registered trademark of Enzo Nutraceuticals Limited.

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