

amare FUNDAMENTALS PACK™

CLINICAL STUDY

The Amare FundaMentals Pack is the world's first award-winning gut-brain axis nutrition system. Amare's flagship product line features our most popular products, MentaBiotics, MentaFocus and MentaSync. These cornerstone products are designed to improve every aspect of the gut-brain axis for optimal mental wellness.*



The Amare FundaMentals Pack has been clinically proven to:

Increase GOOD Bacteria in the Gut

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INCREDIBLE BENEFITS!

28% higher Lactobacillus
30% higher Bifidobacterium
17% higher overall composite score†

which leads to...

Lower *tension* by 45%*
Lower *depression* by 55%*
Lower *anger* by 54%*
Lower *fatigue* by 64%*
Lower *confusion* by 43%*
Higher *vigor* by 44%*

after 30 days, when compared to the placebo group

†The composite score is an overall average of many different aspects of microbiome balance, including Bifidobacterium, Lactobacillus, Akkermansia, Firmicutes/Bacteroidetes (F/B) ratio, and others.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

THE AMARE FUNDAMENTALS PACK CLINICAL STUDY

Effect of Coordinated Probiotic/Prebiotic/Phytobiotic Supplementation on Microbiome Balance and Psychological Mood State in Healthy Stressed Adults

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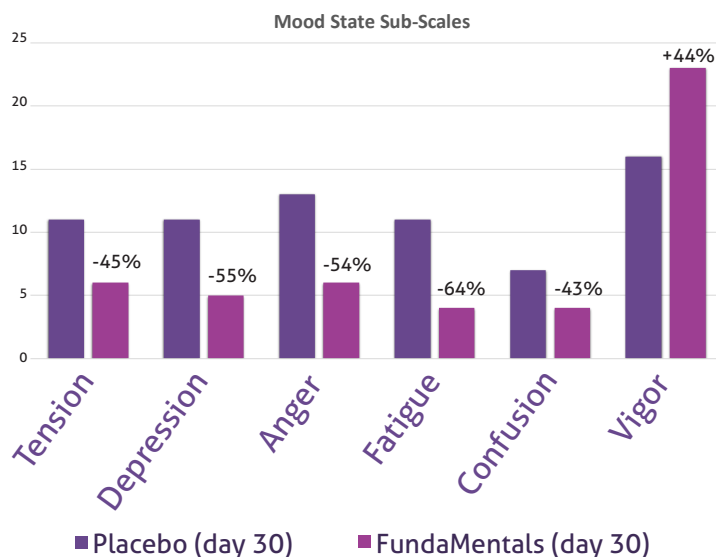
The subjects in this study were “healthy stressed” individuals - meaning they represent the vast majority of the population who have stress, fatigue, brain fog, and the modern 21st century “syndrome of the blahs” - so the right balance of the right probiotic bacteria strains, plus the right nourishing prebiotic fibers, and the right protective phytobiotic nutrients (the Amare FundaMentals Pack) can help millions of people to balance their entire GBX and feel their best.*

The FundaMentals Group had numerous positive changes across their microbiome, including:

28% higher Lactobacillus,
30% higher Bifidobacterium &
17% higher overall composite score[†].

[†]The composite score is an overall average of many different aspects of microbiome balance, including Bifidobacterium, Lactobacillus, Akkermansia, Firmicutes/Bacteroidetes (F/B) ratio, and others.

Those improvements in microbiome balance and gut health result in significant and meaningful improvements in how we feel - lower negative mood states and higher positive mood states.



- Peer-reviewed and presented at the 2018 Experimental Biology Scientific Conference (San Diego, April 25, 2018)
- Programming Society: American Society for Biochemistry and Molecular Biology
- Session: Bacteria and Parasites: From Microbiome to Antibiotics

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