











Our brain and gut are connected by an extensive network of neurons and a highway of multiple vehicles of chemical messengers and hormones that constantly provide feedback about how hungry we are, whether we're experiencing stress, or how we are feeling emotionally. This information superhighway is called the "gut-brain axis" and it provides a communication link between our two brains.

Amare's **MentaSync** is a ground-breaking dietary supplement designed to empower the "axis" between our two brains and allow for optimal gut-brain communication.\*

MentaSync is featured in the world's first award-winning gut-brain axis nutrition system - the Amare FundaMentals Pack! It contains a highly specialized blend of yeast betaglucans (shown to support healthy aging), mushrooms high in polyphenols (proven to enhance immune system responsiveness), and brown marine seaweed containing Fucoidan, which is confirmed to have superior protective properties in the gastrointestinal system.\*

MentaSync is formulated with a blend of high-quality, patented ingredients backed by clinical studies, that maximizes the "sync" between the gut and the brain. A well-working axis helps to strengthen your body's immune system, while also enhancing the connection between your first and second brain to allow for improved psychological vigor, which consists of physical energy, mental acuity, and emotional well-being.\*

†Featured in the World's First Award-Winning Gut-Brain Axis Nutrition System, The FundaMentals Pack



Optimize the communication sync of chemical messengers between your brain and your gut with the clinically studied key ingredients in MentaSync.\*

- Optimizes the communication of the gutbrain axis\*
- 2 Balances normal signaling between cells of the gut, brain, and immune system\*
- Improves psychological vigor (physical energy, mental acuity, and emotional well-being)\*
- Supports healthy aging\*
- Optimizes nervous system functioning\*
- 6 Enhances immune activity\*

#### **Item Code:**

MentaSync: S003

### WHAT IS THIS LABEL PATTERN?

#### **CHEMICAL MESSENGERS**

Compounds, such as hormones, neurotransmitters, and SCFAs (short chain fatty acids), involved in transmitting messages to communicate with other parts of the body.



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

## SCIENCE & INFORMATION



### **KEY INGREDIENTS ARE CLINICALLY PROVEN TO:**



Balances normal signaling between cells of the gut, brain, and immune system\*‡



Enhances GBX (gut-brain axis) signaling and gut barrier function via alpha-glucans, beta-glucans, SCFAs (butyrate) and zinc-carnosine\*\*



Increases psychological vigor by 21%\*†

\*BASED ON KEY INGREDIENTS CLINICAL STUDIES

## **KEY STUDIES**

Talbott et al. Baker's Yeast Beta-Glucan Supplement Reduces Upper Respiratory Symptoms and Improves Mood State in Stressed Women. Journal of the American College of Nutrition, August 2012, vol 31, no. 4, 295-300.

Directions: Take 2 capsules in the morning with 8 oz. of water. For enhanced immune system priming & axis communication, take 2 additional capsules in the evening.

### SUPPLEMENT FACTS

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving %DV
Vitamin C (as ascorbic acid) 200mg 333%

Alpha-Beta Glucan Proprietary Blend 215mg
Wellmune® Yeast 1,3/1,6 Beta-Glucan (Saccharomyces
cerevisiae), M2 organic whole food mushrooms
[Chaga (Inonotus obliquus); Maitake (Grifola
frondosa); Shiitake (Lentinula edodes); Agaricus
(Agaricus blazei)], FucoMax™ Fucoidan (Laminaria
japonica) seaweed

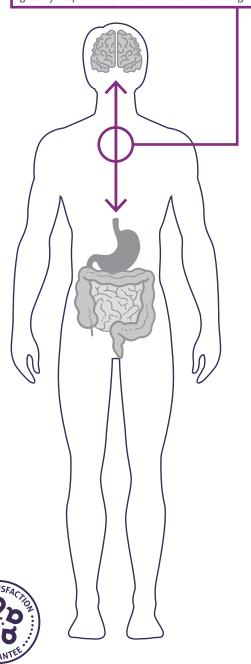
Intestinal Integrity Proprietary Blend
Calcium Butyrate, Magnesium Butyrate,
Zinc/Carnosine Complex

† Daily Value not established

Other ingredients: Rice flour, Plant-based capsule, Rice fiber, Rice Extract Blend, Natural Peppermint Flavor

# GUT - BRAIN - AXIS

The gut & brain are connected by a link known as the "axis", which is an important component of the gut-brain axis system. It is the primary connection between our two brains and is greatly responsible for our overall well-being.



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