

## AMARE HEART WELCOME HOME

Attend to Win an All-Inclusive Trip to the Riviera Maya!\*

## Irvine, CA

**Date:** Saturday, January 11 **Time:** 10:00 AM-4:00 PM

**Location:** Hyatt Regency Newport Beach

1107 Jamboree Road Newport Beach, CA 92660

Register: https://amare-welcomehome-january.eventbrite.com

Scan QR Code to Register

Your gut. Your brain. Your heart.

Did you know that all three are interconnected and vital to your mental wellness?

As The Mental Wellness Company®, we've developed the world's first holistic mental wellness platform of products, programs, and people! Want to find out more?

Attend this Fall Heart Tour event and find out how you can take yourself to a higher level of mental and physical performance in your everyday life.

\*Check-in at the event to be entered into a drawing to be eligible to win an all-inclusive trip to the Riviera Maya. One winner will be picked from the Amare Heart Tour and Welcome Home Events.





the science and award-winning products



DISCOVER
innovative programs for
mindfulness, nutrition,
and movement



NETWORK with wholehearted people in our community



EXPERIENCE personal growth and optimal mental wellness