

# RISE WINTER TOUR

## Vancouver, WA

**Date:** Saturday, March 2nd  
**Time:** 10 AM - 1 PM  
**Location:** Springhill Suites  
1421SE Tech Center Drive  
Vancouver, WA  
**Register:** <https://amare-rise-vancouver.eventbrite.com>

### Featured Speaker



**Dr. Shawn Talbott**  
*Chief Science Officer  
Founding Executive*

**Your mental health is not just in your head — it's in your gut too!**  
**Join us at our Winter Rise Tour event to learn more!**

Amare, The Mental Wellness Company, has developed the world's first award-winning gut-brain axis nutrition system to help people optimize their mental wellness. Attend this special event and find out how you can take yourself to a higher level of mental and physical performance.



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