

# RISE

## WINTER TOUR

## Pierre, SD

**Date:** Monday, February 18th

**Time:** 7 PM - 9 PM

**Location:** Pierre Ramkota Hotel & Conference Center  
920 West Sioux Avenue  
Pierre, SD

**Register:** <https://amare-winter-pierre.eventbrite.com>

### Featured Speaker



**Pat Hintze**

*Founding Wellness Partner*

**Your mental health is not just in your head — it's in your gut too!**  
**Join us at our Winter Rise Tour event to learn more!**

Amare, The Mental Wellness Company, has developed the world's first award-winning gut-brain axis nutrition system to help people optimize their mental wellness. Attend this special event and find out how you can take yourself to a higher level of mental and physical performance.



**LEARN**  
the science



**NETWORK**  
with others



**DISCOVER**  
award-winning products



**GATHER**  
new techniques



**EXPERIENCE**  
personal growth