



## Boston, MA

Date: Saturday, May 4

**Time:** 9–11 AM

Location: Crowne Plaza Boston - Newton

320 Washington Street

Newton, MA

**Register:** https://amare-rise-boston.eventbrite.com

## **Event Hosts/Speakers**



Pamela Pearson
Gold Heart Mentor



**Pat Hintze**Founding Wellness Partner

## Your mental health is not just in your head — it's in your gut too! Join us at our Spring Rise Tour event to learn more!

Amare, The Mental Wellness Company, has developed the world's first award-winning gut-brain axis nutrition system to help people optimize their mental wellness. Attend this special event and find out how you can take yourself to a higher level of mental and physical performance.



LEARN the science



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EXPERIENCE personal growth