

# RISE FALL TOUR



**Date:** Tuesday, October 16<sup>th</sup>  
**Time:** 7:00 PM – 9:00 PM  
**Location:** Renaissance Dallas at Plano Legacy West Hotel  
6007 Legacy Drive  
Plano, TX 75024  
**Speakers:** Dr. Shawn Talbott — Chief Science Officer/Founding Executive  
**Register:** <https://amare-fall-dallas.eventbrite.com>

## Come join us at our Fall Rise Tour to learn about the gut-brain axis!

Did you know you have 2 brains? You undoubtedly know about the brain in your head. And while you might not know much about the “second brain” in your gut, you’ve probably felt it before – butterflies in your stomach when nervous, “sick to your stomach” when disappointed or simply a “gut feeling” about a situation. There is a radical shift in scientific thinking that your mental health might not just be in your head . . . but also in your gut.

### 7:00pm – 9:00pm: Introduction to Amare

Amare, The Mental Wellness Company, has developed the world’s first award-winning gut-brain axis nutrition system to help people optimize their mental wellness. Come find out how you can take yourself to a higher level of mental and physical performance.

### Here’s just a few things you will learn:

- More about our holistic mental wellness platform of products, programs and community
- Why the nutrition industry just named us 2018’s Best New Finished Product and nominated us for Start-up of the year
- What you can do to help manage stress, occasional anxiety and feelings of depression holistically and naturally
- How financial health is crucial to your mental health and how Amare’s unique business model can help you thrive financially
- About two brand-new lines of products just launched – a gut-brain-axis line of foods designed to boost the microbiome in your gut; and a children’s line designed to help kids and teenagers naturally manage stress, occasional anxiety, feelings of depression and improve cognitive performance.

**There is NO greater wealth than peace of mind!**